

19. BUDO CLASSICS - THREE COUNTRIES CUP

Saturday MAY 11, 2024

Hauzenberg - near Passau

IAKSA-BKO - Weight classes / Classes and Categories / Disciplines:

SEMI-CONTACT - POINTFIGHTING

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| <p>Semi-contact female Children 7 - 12 years</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 30kg - 35kg - 40kg - 45kg + 45kg <p>Semi-contact male Children 7 - 12 years</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 30kg - 35kg - 40kg - 45kg + 45kg | <p>Semi-contact female Young people 13 - 17 years old</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 45kg - 50kg - 55kg - 60kg + 60kg <p>Semi-contact male Young people 13 - 17 years old</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 50kg - 55kg - 60kg - 65kg - 70kg + 70kg | <p>Semi-contact women aged 18 and over</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 50kg - 55kg - 60kg + 60kg <p>Semi-contact men aged 18 and over</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 65kg - 70kg - 75kg - 80kg - 85kg - 90kg + 90kg | <p>Semi-contact <u>Veteran</u> <u>gentlemen</u>from 40 years</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 70kg - 80kg - 90kg +90kg |
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LIGHT CONTACT - LIGHTCONTACT

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| <p>Light contact female Children 7 - 12 years</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 30kg - 35kg - 40kg - 45kg + 45kg <p>Light contact male Children 7 - 12 years</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 30kg - 35kg - 40kg - 45kg + 45kg | <p>Light contact female Young people 13 - 17 years old</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 45kg - 50kg - 55kg - 60kg + 60kg <p>Light contact male Young people 13 - 17 years old</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 50kg - 55kg - 60kg - 65kg - 70kg + 70kg | <p>Light contact women aged 18 and over</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 50kg - 55kg - 60kg + 60kg <p>Light contact men from 18 years</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 65kg - 70kg - 75kg - 80kg - 85kg - 90kg + 90kg | <p>Light contact <u>Veteran</u> <u>gentlemen</u>from 40 years</p> <p><i>Weight</i></p> <ul style="list-style-type: none"> - 70kg - 80kg - 90kg +90kg |
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FULL CONTACT - FULLCONTACT / RING SPORT

THERE WILL BE NO NEWCOMER IN THE KNOCK DOWN

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| <p>Newcomer full contact (up to a maximum of 5 tournament starts) <u>Ladies from 18 years</u> <i>Weight</i> - 55kg - 60kg - 65kg + 65kg</p> <p>Newcomer full contact (up to a maximum of 5 tournament starts) <u>Men's from 18 years</u> <i>Weight</i> - 70kg - 75kg - 80kg - 85kg - 90kg + 90kg</p> | <p>Full contact <u>Ladies from 18 years</u> <i>Weight</i> - 55kg - 60kg - 65kg + 65kg</p> <p>Full contact <u>Men's from 18 years</u> <i>Weight</i> - 70kg - 75kg - 80kg - 85kg - 90kg + 90kg</p> | <p>Knock down <u>Ladies from 18 years</u> <i>Weight</i> - 55kg - 60kg - 65kg + 65kg</p> <p>Knock down <u>Men's from 18 years</u> <i>Weight</i> - 70kg - 75kg - 80kg - 85kg - 90kg + 90kg</p> |
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RULES - RULES FOR KNOCK DOWN:

Allowed are Punches only to the upper body and not to the head, foot techniques only to the upper body and head.

Are forbidden all elbow strikes, knee strikes and low kicks.

Protective equipment in knock down Mouth guards, for women, chest guards, groin guards, shin guards (can also be with instep guards, but toes should then be free and toenails cut very short, otherwise no approval) are all mandatory.

Clothing in the KD Traditionally according to the style, ie in a taekwondo or karate suit etc. Long trousers in knock down are mandatory.

There is no newcomer in the KNOCK DOWN:

SEE OTHER CLASSES BELOW

ATTENTION RUMBLE and NON CONTACT

Division on site by the main referee according to size and age...

Fight time all 1x1 min.

In the Rumble, 4 and 5 year olds form a group and 6 and 7 year olds form a group.

Non contact is from 4 to 10 years old. Subject to change!

The head referee will discuss everything with you on site...

...please don't forget to include RUMBLE and NON CONTACT on the registration form CLASSES (with names and everything) tick...

FORMS - FORMS

ATTENTION FOR MUSIC FORMS, if possible take music on CD or STICK with you...

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| <p>Shapes children 7 - 12 years (GirlsandBoysmixed)</p> <p>Softstyle Hard style Korean style Freestyle with or without music Weapons Traditional Weapons Freestyle with or without music</p> <p>Forms young people 13 - 17 years (female)</p> <p>Softstyle Hard style Korean style Freestyle with or without music Weapons Traditional Weapons Freestyle with or without music</p> <p>Forms young people 13 - 17 years (male)</p> <p>Softstyle Hard style Korean style Freestyle with or without music Weapons Traditional Weapons Freestyle with or without music</p> | <p>Forms for women aged 18 and over</p> <p>Softstyle Hard style Korean style Freestyle with or without music Weapons Traditional Weapons Freestyle with or without music</p> <p>Forms for men aged 18 and over</p> <p>Softstyle Hard style Korean style Freestyle with or without music Weapons Traditional Weapons Freestyle with or without music</p> <p>Forms veterans aged 40 and over (femaleu.malemixed)</p> <p>Softstyle Hard style Korean style Weapons Traditional Weapons Freestyle with or without music</p> |
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SELF-DEFENSE - SELF-DEFENSE

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| <p>Self-defense</p> <p>Young people female 13 - 17 years Youth male 13 - 17 years old</p> <p>Women aged 18 and over Men aged 18 and over</p> <p>Veterans aged 40 and over (femaleu.malemixed)</p> |
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ONLY REALISTIC SV NO SHOW SV

Must be defended: 1 fist attack / 1 foot attack / 1 choking attack / 1 stick attack / 1 knife attack (rubber knife or aluminum knife blunt)

more information on next page...

Attention at the SV...no unnecessary showmanship and unnecessary jumping around,**automatically gets worse rated**,Even an exaggerated or aggressive battle cry that is intended to cover up poor technique (which is unfortunately very popular) will be punished with negative points, so don't be surprised by the ratings here.

Short, crisp, direct techniques, just like the moto, are welcome...**LESS IS (much, much) MORE...**

Information at IAKSA-BKO office

Tel. 085 93 / 939 99 77 or email stiepani@web.de

CHANGES REGARDING CLASS DIVISION OR THE ORGANIZER RESERVES THE RIGHT TO COMBINE WEIGHT CLASSES!!!

Eg If there is only 1 starter in a class, it will be automatically merged. We assume that all coaches are in favor of this... and we don't have to spend ages looking for someone (or calling in advance) to ask, this slows down the entire tournament unnecessarily and throws us out of the time frame... Thank you for your understanding...

AND REMEMBER:

There is a weight tolerance of up to approx. 500 g

We wish you much success, good, fair fights and a nice day of martial arts in the beautiful border triangle of Hauzenberg - near Passau

TEAM STIEPANI HAUZENBERG SINCE 1988